



## Trail Run & Fitness Walk Registration

### Levee Loop Trail 4.5 mile Run and Walk

Dansbury Park, Day Street, East Stroudsburg

**Saturday, September 24, 2011**

Registration: 7 am; Walk: 7:30 am; Race: 8:30 am

(use this form only if not registering online at [www.srosrc.org/registration.htm](http://www.srosrc.org/registration.htm))

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

residence in:  Stroud Township  Stroudsburg  East Stroudsburg  other

Date of Birth \_\_\_\_\_ T-Shirt Size \_\_\_\_\_ Gender:  M  F

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

notify me by email of new program announcements

Medical Conditions/Special Needs: \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone \_\_\_\_\_

Race Fee: (\$20 early registration by .Sept. 2<sup>1</sup>; \$25 after . Sept. 2<sup>1</sup>) \$ \_\_\_\_\_

Walk Fee: (\$10 before Sept. 2<sup>1</sup>; \$15 after Sept. 2<sup>1</sup>; \$30/4-mem. family) \$ \_\_\_\_\_

Optional Annual Friends Membership (fill out separate application) \$ \_\_\_\_\_

Less 5% Membership Discount (total program fees x .05) \$ \_\_\_\_\_

Total enclosed (make payable to SROSRC) \$ \_\_\_\_\_

mail to: 15 Day Street, East Stroudsburg, PA 18301

I have the read and understand the Notice of Risk and Liability Release.

Signature: \_\_\_\_\_

(a parent or guardian must sign for anyone under 18 years of age)

date received \_\_\_\_\_ amount received \_\_\_\_\_ check no. \_\_\_\_\_ by \_\_\_\_\_

### Notice of Risk & Liability Release

1. I hereby give my permission for my child(ren)/self to participate in the program(s) on the registration form.

2. I recognize, understand, and acknowledge that, as in all activities, there is always the inherent risk of injury up to and including death.

3. I recognize, understand, and acknowledge that any and all rules, guidelines, and safety procedures are established for the safety and protection of all participants and agree that my child(ren)/self will comply with all rules and policies involved with this program.

4. I recognize, understand, and acknowledge that my child(ren)/self will be expected to abide by the established rules, guidelines, and safety procedures and to obey the staff, assistants, and all staff members assigned to direct this program.

5. I certify, to the best of my knowledge, that the current physical condition of my child(ren)/self is satisfactory for participation, that the above is free of any health problems which would jeopardize participation, that I will notify the staff immediately should the above condition change at any time during participation in the program, and that, upon request, I will furnish proof of current physical examination.

6. I recognize that failure to comply with the above-mentioned items could result in immediate suspension and/or dismissal from the program.

7. The staff and/or sponsors have my permission to have a physician and/or emergency medical service treat and/or transport my child(ren)/self, if needed, at any time during participation in the program(s) on the registration form.

8. In consideration of participation by my child(ren)/self in the program(s) on the registration form, I, the under-signed, do hereby agree to hold harmless and indemnify the Stroud Region Open Space & Recreation Commission, its agents, servants, and employees against any claims for and on account of any and all injuries sustained by my child(ren)/self as a result of participation in the above-mentioned program, including, but not limited to, claims on account of any negligence by SROSRC or any of its employees, agents, or subcontractors.

9. The staff and/or sponsors have my permission to photograph my child(ren)/self. I understand that these photographs may be used in future promotional brochures, flyers, or news releases.

10. SROSRC has a zero tolerance policy with regards to the use of controlled substances, tobacco products, alcoholic beverages, weapons, and vulgar language.