

# Stroud Region Open Space and Recreation Commission

## Lifeguard

### Position Responsibilities

The Lifeguard is responsible for ensuring the safety of facility patrons by preventing and responding to emergencies. He/she is accountable to the Aquatics Coordinator and the Recreation Associate.

#### Certifications

- American Red Cross Lifeguard/First Aid
- American Red Cross CPR for the Professional Rescuer

#### Competencies

- Thorough knowledge and application of lifeguarding surveillance and rescue techniques
- An understanding of facility characteristics, rules, policies and procedures (training provided)
- Leadership; public relations; decision-making abilities
- Pre-employment testing of lifeguarding knowledge and skills may be administered

#### Responsibilities

- Arrive on time appropriately dressed with whistle and personal pocket mask
- Recognize and respond quickly and effectively in emergencies
- Enforce all aquatic facility policies, rules, and regulations
- Inspect the facility and report any unsafe conditions or equipment to the Aquatics Coordinator
- Complete and maintain all Lifeguard checklists and reports
- Participate in regular in-service training sessions
- Maintain fitness level (swimming skills, strength and endurance)
- Complete additional duties as assigned by supervisor

*updated May 2010*